



THE WELLNESS NETWORK PRESENTS

WRITING FOR RECOVERY

AN EIGHT-WEEK RECOVERY COLLEGE COURSE
FACILITATED BY
KAREN PETERSON (KY PERRAUN) AND ROB PYCK

EACH SESSION INCLUDES WRITING PROMPTS THAT HELP YOU FLEX
YOUR CREATIVE MUSCLES, EXPRESS GRATITUDE AND PROVOKE
REFLECTION.

**STARTING TUESDAY'S
OCTOBER 18TH TO DECEMBER 6TH, 2022
FROM 1:00 PM - 3:00 PM**

REGISTER TODAY BY GOING TO OUR WEBSITE AT
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